

November 2014



# Friendship Circle

A program for adults 55+

Jalena Mays, Program Director  
707-528-1476, [jalenam@jccsoco.org](mailto:jalenam@jccsoco.org)  
Sandy Andresen, Assistant  
707-528-1182, [sandya@jccsoco.org](mailto:sandya@jccsoco.org)

**The Friendship Circle is a Program of the Jewish Community Center, Sonoma County**



From left to right: Mah Jongg at the Contemporary Jewish Museum on August 11 with Deborah Greenfield, Gussie Hankin and Carolyn Kaufman; Laughter Yoga with Sheila Almquist on August 25; "Fiddler on the Roof" at the Cinnabar Theater in Petaluma on September 21.

## Luncheons

### Monday, November 10<sup>th</sup> "Nineties With Notoriety" featuring Ain't Misbehavin'



*L'chaim! To Life!* Join the Friendship Circle as we celebrate our members who have accomplished 90–99 years of life! We will shower our distinguished guests in their 90's with special gifts and privileges! Following the delicious catered vegetarian lunch, we will welcome back the popular trio, *Ain't Misbehavin'*: Barry Ernst, lead vocal, guitar; Annie Ernst, upright bass, harmony vocal, guitar; and Phil Richardson, fiddle and banjo. These uplifting and lively Marin County musicians will entertain us with an eclectic variety of acoustic styles

from Vintage Swing to contemporary, including ballads, bluegrass, originals, mellow harmonies, hot fiddlin', laid back and joint jumpin' tunes. Favorites include selections from Fats Waller, the Boswell Sisters, Cole Porter, Bob Wills, and Sons of the Pioneers and more. Don't miss this very special occasion to honor our elders and celebrate life! If you or someone you know is in their 90's, please let us know by November 5<sup>th</sup> to be added to our exclusive birthday list by calling Sandy 707-528-1182. *All are invited!*



### Monday, December 8<sup>th</sup> Friendship Circle's Hanukkah Party — Save the Date!



*Chanukah Sameach!* Light the candles, shop for gifts from community artists, enter to win one of many door prizes, enjoy a delicious Hanukkah latke lunch, and sing along with your favorite Sonoma County Yiddish band, *Mama Loshn*, including songs in English, Yiddish, Hebrew, Ladino, Spanish and French. What more could you ask for!?! Musicians Gale Kissin, Susanne Shanbaum, Rhonda Findling and guest Mike Margulis will help you get in the mood as we prepare for the festival of lights. *This event will begin at 11:00 a.m. and more details will be publicized in our December 2014/January 2015 Newsletter.*

## Details for Luncheons

- RSVP** By the Wednesday before the luncheon 528-1182 or [sandya@jccsoco.org](mailto:sandya@jccsoco.org)
- Time** 12:00–1:30 pm
- Location** Congregation Shomrei Torah, 2600 Bennett Valley Rd., Santa Rosa.
- Price** \$12 Friendship Circle members; \$15 non-members, includes catered lunch and dessert.  
Payment is accepted at the door.

*Rides to Friendship Circle events from JFCS may be available in select areas upon request one week prior to date of event thanks to a grant from the San Francisco Jewish Community Federation.*

# Announcements Appreciation

## Calendar At A Glance

- Nov 10 **Luncheon at CST – 90's Celebration**
- Nov 12 **Senior Excursion Chicago!, Orpheum Theater, SF**
- Nov 27/28 *JCC Closed for Thanksgiving*
- Dec 8 **Friendship Circle Hanukkah Party w/ Mama Loshen**
- Dec 25 *JCC Closed for Christmas*
- Jan 1 *JCC Closed for New Years*
- Jan 15 **Senior Excursion Calif. Academy of Sciences, SF**
- Jan 19 *JCC Closed for Martin Luther King Day*
- Jan 26 **Luncheon at CST Safe Steps with Vanessa Kettler**
- Feb 2–6 *FC Assistant, Sandy Andresen out of the office*
- Feb 9 **Luncheon at CST Chinese New Year w/ Harpist Mary Parker**
- Feb 16 *JCC Closed for Presidents Day*

## Thank You, Thank You, Thank You

For contributions to Friendship Circle we want to thank the following people:

- **Adele Pickar** in Memory of Evelyn Breger's Sister
- **Maxine and Jonathan Schein** in Memory of Diane Crandon
- **Lois Glenn** in honor of Jalena and Sandy and the FC
- **Victoria Kalish** in Memory of Lois Glenn's Granddaughter
- **Victoria Kalish** in Memory of Sophia Simcover
- **Susan Fefferman** in Memory of Diane Crandon
- **Jane Brenner** for FC's 30<sup>th</sup> Anniversary Certificate

## Thank You High Holy Day Outreach Communities, Lay Leaders and Volunteers

The Friendship Circle visited senior living residences and community centers with the help of volunteer lay leaders throughout Sonoma County to offer High Holy Day Outreach Programs to those who are more isolated and living in outlying areas.

We are grateful to the following volunteers for your support and volunteer work:

**Sebastopol Jewish Community** Steve Einstein,  
**Russian River Jewish Community**, Sonia Tubridy,  
**Villa Capri at Varenna**, Elizabeth Bruno, Fran Danoff,  
 Vicki Kalish, **Emeritus in Rohnert Park**, Jenna Scott,  
 Harry Wolf, Elisabeth Van Nuys, **Fountaingrove Lodge**,  
 Laura Perri, Jerry Newman, **Lodge at Paulin Creek**,  
 Alice Ugarte, Norman Easley, **Spring Lake Village**,  
 Meredith Cahn, Adele Pickar, and Mary Ann Newman.

### Welcome New Friendship Circle Members:

Robin Abramson  
 Peter and Nan Copen  
 Shira Haddit  
 Flo Hoffenberg  
 Seymour and Matilda Lehrer  
 Eleanor Olson  
 Susan Spencer  
 Hope Stewart  
 Leslie Warner

**If you are remembering someone you hold dear, or would like to celebrate a friend or family member, please consider making a donation to the Friendship Circle in their honor.**

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[www.SeniorsAtHome.org](http://www.SeniorsAtHome.org)

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 VOLUNTEERS ARE ALWAYS NEEDED

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[info@jewishfreeclinic.org](mailto:info@jewishfreeclinic.org)  
 (707) 585-7780

# CHICAGO THE MUSICAL

## Chicago the Musical at the Orpheum Theatre in San Francisco Wednesday, November 12 — SOLD OUT!

If you have already reserved, be sure you have paid by Wednesday, Nov 5<sup>th</sup> to secure your seat! Tickets are \$45 for Friendship Circle Members; and \$60 for Non-Members. Cost includes lunch, snacks, transportation, parking, tolls, tax and the show! Your ticket will be given to you on the bus. All seats are reserved.

Don't forget to let us know your **Box lunch** choice. If you have not yet made your selection, please choose one of the following options and inform Sandy 707-528-1182 or [sandya@jccsoco.org](mailto:sandya@jccsoco.org).

Napa Almond Chicken Salad Sandwich or Mediterranean Veggie Sandwich or Smoked Turkey Sandwich

**ATTN: Although this show is SOLD OUT, we are still accepting names for the WAITLIST.** All trip attendees must have an updated **medical form** by the date of departure. The medical form will be mailed to you if necessary. Please call if you have any questions.

### Bus Schedule:

- **LEAVES** at 11:00 am from Congregation Beth Ami (4676 Mayette Ave, Santa Rosa). Please park in the western overflow parking lot where the bus will be boarding.
- **LEAVES** at 11:30 from Petaluma Community Center (320 N. McDowell Blvd., Petaluma).
- **LEAVING SF AT APPROXIMATELY 4:40 PM**  
*Please let us know in advance if you are being picked up in Petaluma or if you need a ride to the bus.*

*This trip is sponsored by the generous support of the Senior Excursion Fund of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties.*



*Friendship Circle excursion on October 15 to see SHN's "Pippin" in San Francisco.*

## Sacramento Treasures May 12-14, 2015—Save the Dates!



Save the dates for a fun and interesting getaway to discover treasures of our California state capital. Enjoy two nights in a beautiful boutique hotel, tour the Crocker Museum and other historic sites, visit our

state capitol building and the Old Town, see a Broadway show, explore new restaurants, and spend time with friends.

While final trip details are still in preparation, JCC Friendship Circle members may reserve (though not commit to) space on the trip. Once the trip is confirmed, Friendship Circle members who have made reservations will receive the trip details, flyer and paperwork, and will have the option of priority trip registration.

Please contact Program Director Jalena Mays for more information, 707-528-1476 or [jalenam@jccsoco.org](mailto:jalenam@jccsoco.org).



## Clubs and Classes

### Class Relocated!

#### Modern Dance with Phyllis Nesbitt

**Location:** Congregation Shomrei Torah, 2600 Bennett Valley Road in Santa Rosa

**When:** Tuesdays, 10:00–10:45 am

**Fee:** \$5 per class paid at the door

**RSVP, 528-1476 or [jalenam@jccsoco.org](mailto:jalenam@jccsoco.org)**



#### Mah Jongg with Carol Jarvis

**Please make reservations in advance so we have enough supplies for everyone. All levels welcome.**

**Location:** Upstairs at the JCC (no elevator)

**When:** 2<sup>nd</sup> & 4<sup>th</sup> Tuesday of each month, 1:00–3:00 pm

**Donation:** \$2 per class paid at the door

**RSVP, 528-1476 or [jalenam@jccsoco.org](mailto:jalenam@jccsoco.org)**

#### Exercise Class with Barbara Goodridge

**Location:** Congregation Shomrei Torah, 2600 Bennett Valley Road in Santa Rosa

**When:** Wednesdays & Fridays, 10:20–11:30 am

Free, drop-ins welcome, open to all.

*Sponsored by the Friendship Circle, SRJC, and Congregation Shomrei Torah*



# Jewish Community Center

SONOMA COUNTY  
1301 Farmers Lane, Suite 103  
Santa Rosa, CA 95405

November 2014

ADDRESS SERVICE REQUESTED

## Friendship NEWSLETTER Circle

This newsletter is a periodical issued bimonthly.  
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All members receive this periodical free.

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# Happy Thanksgiving



### We Appreciate Your Generosity

You may make a tax-deductible contribution directly to Friendship Circle:

- In honor of an event or someone who is a light in your life
- In tribute to the memory of someone you hold dear

We will send a tribute card to the person being acknowledged. I am contributing \$ \_\_\_\_\_ to Friendship Circle.

Please print all names exactly as you wish them to appear: designate Mr., Mrs., Ms., Miss

In Memory of: \_\_\_\_\_

In Honor of: \_\_\_\_\_

Contribution from: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Please send an acknowledgement to: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Zip: \_\_\_\_\_



*Friendship Circle is a program of the Jewish Community Center, Sonoma County which is a 501(c) 3 non-profit corporation, a beneficiary of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties. The mission of the Jewish Community Federation is to foster and enhance Jewish life here at home, in Israel, and around the world by caring for the vulnerable, providing Jewish education for our children, engaging our interfaith families, promoting peoplehood and Israel and providing aid in times of crises.*

*Support from the Jewish Community Federation is not enough. We depend on members of the Friendship Circle community for donations and support.*