



**February &
March
2022**



1301 Farmers Lane, Suite C103
Santa Rosa, CA 95405
(707) 528-4222
www.jccsoco.org

Friendship Circle

A program for adults 55+

Sandy Andresen
Program Coordinator
(707) 528-1182
friendshipcircle@jccsoco.org

Friendship Circle is a Program of the Jewish Community Center Sonoma County

“We Stand Together, Remotely as In-Person”

In January, we bore witness to the Holocaust memorial fountain toppled for a second time, and mid-month, we watched as a synagogue in Texas was attacked and a rabbi and three others were taken hostage.

Feelings of fear, powerlessness, and vulnerability are common experiences we share whenever acts of hatred occur.

At a time when the world seems to be in chaos, know that we can cling to our Jewish traditions and community, and they will be there for us, a foundation. There is power in inclusiveness too—uniting people from different groups makes us even stronger together.

It is important to acknowledge difficult feelings after traumatic events. If you are feeling vulnerable and would like to speak with someone, contact JCC's Sandy Andresen, at friendshipcircle@jccsoco.org or (707) 528-1182.

Please also contact Sandy if you know of someone who is isolated and would benefit from a phone call.

Finding the courage to speak out against antisemitism, discrimination, and injustice is essential — even with each other, and even when it is difficult to do so.

Tikva, Ometz, Nachat

Hope, Strength, and Comfort to you all,
JCC Sonoma County



MONDAY, FEBRUARY 28

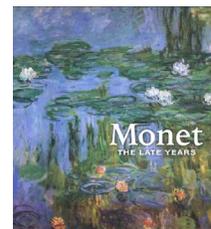
10:30 AM - NOON

**Docent Jim Kohn of FAMSF
presents:
Impressionist Paris**



Why is it that the Impressionist artists did not paint pictures of their beloved Paris, and instead opted for landscapes in the countryside? Find out what was going on in Paris during the 1870s in this presentation based on an exhibition at the Legion of Honor a few years ago. The works are drawn from the extensive collection of prints and etchings in the Achenbach Collection, which are seldomly displayed in public. You'll also see an early film from the Paris world's fair of 1901, based on that new invention, electricity.

RSVP by NOON Sunday, February 27



MONDAY, MARCH 28

10:30 AM - NOON

**Docent Jim Kohn of FAMSF
presents: Later Monet**

We are mostly familiar with the earlier works of Claude Monet, the father of Impressionism. But we may be less familiar with his later works, which include massive canvasses of his beloved water-lily pond at Giverny, so large that they had to be displayed in their own gallery, which became Musee de l'Orangerie in Paris. Find out how Monet transcended Impressionism and became an inspiration for artists who followed him.

RSVP by NOON Sunday, March 27

ZOOM Programs

ZOOM All programs are offered using [Zoom](https://zoom.us). (If you have made a reservation we will send you the link to join the weekend prior to the program.) If you are not familiar with Zoom and would like support, please contact: Randi Hulce (206) 499-5422, randihulce@comcast.net

RSVP Contact friendshipcircle@jccsoco.org or (707) 528-1182

COST **Zoom Programs are FREE.** Please consider making a [donation](#) to help Friendship Circle programs remain accessible to all. We welcome donations made in any denomination.



NEW!
FRIDAY MORNING
TWO PART
ZOOM SERIES
Feb 18 &
April 1
11:00 AM - 12:30 PM



Dr. Shoshana Fershtman presents
Discovering the Wellsprings of
Jewish Renewal

Most Jews descend from families that were profoundly mystical. Yet the pressures of dislocation, collective trauma, and assimilation had the unintended consequence of disconnecting us from our ancestral mystical inheritance. Join us as we explore the powerful emotional and spiritual experiences of reconnecting with Judaism’s mystical core through practices and teachings of Jewish Renewal, a movement that offers approaches to kabbalistic mysticism in ways that are experiential, accessible, egalitarian, and filled with joy and meaning. Please bring journaling and art making materials if you’d like.

The class will draw from **Shoshana’s** recently published book, **The Mystical Exodus in Jungian Perspective: Transforming Trauma and the Wellsprings of Renewal.**



Shoshana Fershtman, JD, PhD, is a Jungian analyst and psychologist in Sonoma County. She teaches at the C.G. Jung Institute of San Francisco, and served as core faculty at the Sonoma State University and Meridian University graduate psychology programs. She has offered workshops on Jewish mysticism, transgenerational trauma, and the Divine Feminine. She studied Jewish mysticism for several decades with teachers from Jewish Renewal and Reconstructing Judaism and serves on the spiritual leadership team at Congregation Ner Shalom. She spent decades as an attorney advocate for environmental, social justice and indigenous rights.

RSVP by NOON the Thursday prior to class

THURSDAY AFTERNOON
ZOOM PROGRAMS
RETURN!
March 10, 17, 24
4:30 – 6:00 PM
Yiddish History and
Literature!



You may not realize it, but there is a long tradition of literature written in Yiddish, starting several hundred years ago. In a series of three presentations, **Dr. Jim Kohn**, PhD (Professor of English, SFSU, Emeritus) will offer a brief overview of this literature.

The first session will begin with a short survey of the foundation of the Yiddish language, and will also include early writings in Yiddish.

The second session will focus on Yiddish literature in the late 18th and early 19th centuries, with some of the most famous Yiddish writers.

The last session will survey 20th century Yiddish journalism, as well as literary and theatrical works, including some of the stories of Isaac Bashevis Singer, whose work inspired “Fiddler on the Roof”. And who knows, you might remember some Yiddish expressions along the way, A bee gezind. Come to one, or all three! See you in class!

MARCH 10:

Intro to the history of Yiddish; early Yiddish writings, up to 1800

MARCH 17:

Yiddish literature in the 19th century including novels, short stories and journalism

MARCH 24:

20th century Yiddish literature and drama, including some films and current-day use of Yiddish

RSVP by NOON the Wednesday prior to class

ZOOM Programs

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RSVP Contact friendshipcircle@jcsoco.org or call (707) 528-1182

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New! "Out to Eat" With the Friendship Circle!

COME JOIN US AND MEET UP
WITH OLD AND NEW FRIENDS!



Monday, February 21
11:00 AM – 1:00 PM

GROSSMAN'S NOSHERY & BAR
308 ½ Wilson St.
Santa Rosa, CA 95401
(707) 595-7707

Food and beverages are purchased separately.

RSVP by Friday, Feb 18 at NOON
friendshipcircle@jccsoco.org; (707) 528-1182



Cafe' Frida Gallery
Food, Art, Music, and a Place to Hangout

Wednesday March 9
11:00 AM – 1:00 PM

CAFE FRIDA GALLERY
300 South A Street #4
Santa Rosa, CA 95401
(707) 308-4344

Food and beverages are purchased separately.

RSVP by Monday, March 7 at NOON
Friendshipcircle@jccsoco.org; (707) 528-1182

MAH JONGG

with **Leslie Kline and Deborah Greenfield**

FEBRUARY 16 & FEBRUARY 23
MARCH 16 & MARCH 23
FROM 1-3 PM

LOCATION: Downstairs at the
Jewish Community Center, 1301 Farmers Lane,
Suite C103, Santa Rosa, CA 95405

Masks and proof of vaccinations (copy of card is fine) will be required at the door.

RSVP AND WE'LL HOLD A SEAT FOR YOU!
(707) 528-1182 or friendshipcircle@jccsoco.org

We couldn't do it without you!
We appreciate your generosity!

Donations

Janine Bamberger End of Year Appeal
Shelley Bauer for sponsoring the Judy Chicago Excursion
Julian Blair End of Year Appeal
Rosemary Chambers End of Year Appeal
Gordon Freedman End of Year Appeal
Karen Gould End of Year Appeal
Carol Jarvis in memory of Stacey Kalish
Rita Kagan End of Year Appeal
Laurel King End of Year Appeal
Sid & Gerry Lipton End of Year Appeal
Susan Miller in tribute to Jeri Phillips, thank you for your
patience and time to teach me mah jongg
Jill Morgenstein End of Year Appeal
Marsha Sendar End of Year Appeal
James & Ethel Snarski End of Year Appeal
Mary Valentine End of Year Appeal
Marie Theresia Whitney-Thone End of Year Appeal

Thank Yous

Ray Kaplan for all of your support with tasks of the
Friendship Circle

Leslie Kline for generousities beyond measure and for
bringing back mah jongg to the JCC and Friendship Circle

Deborah Greenfield for helping to bring back mah jongg
to the JCC and Friendship Circle

Friendship Circle Advisory Committee for all of your
great ideas, energy, and support for the Friendship Circle

The JCC's very own Sonya for all you do to buoy the
members and the administration of the Friendship Circle

Mary Valentine for sending out birthday greetings to the
Friendship Circle Members every month

Jalena Mays for creating this great program
and making it easy to step right in

Jim Snarski for his photography presentation for the
Friendship Circle and love of nature and the birds

Karen Gould for creating such a beautiful newsletter

If you are remembering someone you hold dear, or would like to
celebrate a friend or family member, please consider making a
[donation to Friendship Circle](#) in their honor.

Sending Good Wishes to Our Members with February Birthdays



Shelley Bauer
Terry Bloom
Rosemary Chambers
Marsh Connell
Bernice Fox
Judy Miller
Ethel Snarski
Shari Woogen

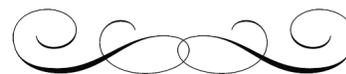
March Birthdays

Linda Filer
Joe Kagan
Susan Roth
Rose Sussman

Thank you **Mary Valentine**
for volunteering to mail birthday cards.

Please contact our office to let us know your birthday
so we can celebrate YOU!

friendshipcircle@jccsoco.org, (707) 528-1182



Thank you Friendship Circle Advisory Committee Members

Shelley Bauer
Binese Goldberg
Liz Hagen
Evelyn Howard
Carol Jarvis
Vicki Kalish
Ray Kaplan
Leslie Kline
Ruth Levy
Karen Palmiotti
Ede Smith



Edee Sternfield-Squires
Mary Valentine

**Thank you for your countless hours of
volunteer work and your generosity in support
of Friendship Circle.**



MONDAY, FEBRUARY 14

**HEARTS, FLOWERS AND CHOCOLATES LUNCHEON
WITH GALE KISSIN**

**CANCELLED due to COVID restrictions.
Luncheons will resume in May or June.**

Baruch Dayan Haemet

Stacy Kalish
Sonia Tubridy

May their Memory be a Blessing



Save The Date

Feb 2.....FC Adv. Comm. Meeting
Feb 16 & Feb 23.....*Mah Jongg* at the JCC Offices
Feb 18 & April 1
.....*Wellspring of Jewish Renewal* with Dr. Fershtman
Feb 21*Out to Eat at Grossman's*
Feb 28 FAMSF Zoom *Impressionist Paris*
March 1.....Women's History Month begins
March 2 FC Adv. Comm. Meeting
March 16 & March 23.....*Mah Jongg* at the JCC Offices
March 10, 17, 24
..... *Yiddish History and Literature* with Jim Kohn
March 13 Daylight Savings Time Starts
March 28 FAMSF Zoom *Later Monet*
April 4 *Tribute Luncheon* for Jalena Mays

*Watch for your invitation for the April luncheon with
further details arriving soon in the mail!*

My work is loving the world.
Here the sunflowers, there the hummingbird—
equal seekers of sweetness.
Here the quickening yeast; there the blue plums.
Here the clam deep in the speckled sand.

Are my boots old? Is my coat torn?
Am I no longer young, and still half-perfect? Let me
keep my mind on what matters,
which is my work,
which is mostly standing still and learning to be
astonished.

The phoebe, the delphinium.
The sheep in the pasture, and the pasture.
Which is mostly rejoicing, since all the ingredients are here,
which is gratitude, to be given a mind and a heart
and these body-clothes,
a mouth with which to give shouts of joy
to the moth and the wren, to the sleepy dug-up clam,
telling them all, over and over, how it is
that we live forever.

“Messenger” by Mary Oliver, from Thirst