**Friendship Circle**

A program for adults 55+

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**Friendship Circle is a Program of the Jewish Community Center Sonoma County**

**Monday Mornings from 10:30 AM to Noon**

**ZOOM**

All programs are offered using Zoom. (If you have made a reservation we will send you the link to join the weekend prior to the program.) If you are not familiar with Zoom and would like support, please contact our dedicated volunteer: Randi Hulce (206) 499-5422, randihulce@comcast.net.

**RSVP**

By NOON the Sunday prior to the program. Contact friendshipcircle@jccsoco.org or call (707) 528-1182

**COST**

Monday Morning Programs are FREE. Please consider making a donation to help Friendship Circle programs remain accessible to all. We welcome donations made in any denomination.

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**MONDAY, AUGUST 9:**

**Elegant Classical Masterpieces**

with Ian Scarfe

(Pianist Ian Scarfe takes us back to the 18th century, with the elegance, wit, and drama of music by Mozart and Haydn. Scarfe will share stories of his studies in Vienna while he was a music student. He will discuss how Mozart and Haydn are able to create a dramatic narrative from the predictable structure of the "Piano Sonata" form.

**RSVP by NOON on August 8**

**Monday, August 16:**

**Docent Victoria Kirby presents**

**Art of Judy Chicago**

Underwritten by a Friendship Circle member who wishes to remain anonymous.

FAMSF Docent Victoria Kirby will highlight the artistic career of Judy Chicago from the 1960s to the present. She is a pioneering feminist artist, teacher, and writer who is best known for her huge installation, The Dinner Party honoring women throughout history. She has worked with textiles, needlework, clay and porcelain, car hoods and auto lacquer, paint, fiberglass, duck down, lithography, bronze, and glass.

**RSVP by NOON on August 15.**

**MONDAY, AUGUST 23:**

**Linda Reid presents**

**Art of Marc Chagall**

Underwritten by Friendship Circle members Sid and Gerry Lipton

Born in Russia (1887) into near poverty, Marc Chagall fought his way into the modern art world of Paris. However, his unique style did not follow the Impressionists and Cubists of the day. He carved out his own niche in art history, to become one of the greatest artists of the 20th century. Behind this triumph lay strife, heartache, lost love and exile. His beautiful art endures as the embodiment of old Russia and his life.

**RSVP by NOON on August 22**

**MONDAY, AUGUST 30:**

**Virtual Tour of Israel with Dani Margolis**

Underwritten by Friendship Circle member who wishes to remain anonymous.

The story of the City of David began over 3,000 years ago, when King David left the city of Hebron for a small hilltop city known as Jerusalem. He established it as the unified capital of the tribes of Israel. Years later, David's son, King Solomon, built the First Temple on top of Mount Moriah, the site of the binding of Isaac. This hilltop became one of the most important sites in the world.

**RSVP by NOON on August 29.**
Save The Date

September 6 ................................................................. Erev Rosh Hashana
September 6-7 .................................................. JCC Closed for Labor Day and Rosh Hashana Day 1
September 8 ............................................................... Rosh Hashana Day 2
September 13 ............................................................. Ian Scarfe—Impromptu: Classical Music and Improvisation
September 15 ............................................................. JCC Closed Early for Yom Kippur
September 16 ............................................................. Yom Kippur
September 20 ............................................................. JCC Closed for Sukkot
September 20 ............................................................. Erev Sukkot
September 21-27 .......................................................... Sukkot
September 27 ............................................................. FAMSF Presentation TBD
September 28 ............................................................. Simchat Torah, Shmini Atzeret
September 29 ............................................................. Simchat Torah

FC Advisory Committee Outgoing members—
Thank you for your love and care of the Friendship Circle!
Joy Lovinger
Davida Brautman

Welcome to our New Committee Members
Mary Barsony
Deb Greenfield
Jim Snarski
Randi Hulce
Mary Valentine

JOIN THE JEWISH FILM COMMUNITY
BECOME A SPONSOR

HYBRID
Jewish 2021
Film Festival
JCC SONOMA COUNTY
WATCH @ HOME OR @ RIALTO OR BOTH
COMING IN OCTOBER

WISE SONS DELI
NEXT POP-UP PICK UP
Pick Up:
August 27 from 11:30 AM to 1:00 PM
Order by 10:00 AM on August 25

Get your Orders in Early!
Schmears, babka, lox, and challah are just a click away!

Click here to order
Select
"Pop-Up at Sonoma County JCC (Santa Rosa)"
Questions?
catering@wisesonsdeli.com
Sending Good Wishes to Our Members with August Birthdays

Zahna Arnold
Julian Blair
Liz Hagen
Pamela Jacobs Letourneau
Carolyn Kaufman
Linda McKenzie
Susan Miller
Kathryn Miller
Mark Rosen
Stuart Schy
James Snarski
Mary Valentine

Thank you Janine Bamberger for volunteering to mail birthday cards and Joy Lovinger for calling our members on their birthday in celebration of their special day.

Please contact our office to let us know your birthday so we can celebrate YOU!
friendshipcircle@jccsoco.org, (707) 528-1182

Thank you Julian Blair, Dan Colby, Deborah Greenfield, in honor of Janine Bamberger’s birthday.

Thank you Randi Hulce for your countless hours of volunteering to help our seniors connect to Zoom!

If you are remembering someone you hold dear, or would like to celebrate a friend or family member, please consider making a donation to Friendship Circle in their honor.

Welcome to our new member!
Jackie Schultz Randall

Help keep our programming accessible to all!

BECOME A SPONSOR

Friendship Circle is seeking underwriters for our Monday Morning programs. Donate a minimum of $280, or share the cost with your friends, and become a Monday Morning sponsor. You will help seniors maintain access to community, as well as educational and entertaining programming.

We appreciate your support.

We couldn’t do it without you! We appreciate your generous donations.

Thank you

Julian Blair
Dan Colby
Deborah Greenfield,
in honor of Janine Bamberger’s birthday.

Thank you Randi Hulce for your countless hours of volunteering to help our seniors connect to Zoom!

If you are remembering someone you hold dear, or would like to celebrate a friend or family member, please consider making a donation to Friendship Circle in their honor.

SRJC Older Adults Program
Signing up for classes is easy, and you can join any class at any point during the semester.
(707) 527-4533
https://older-adults.santarosa.edu/join-class

Jewish Community Center Sonoma County • FRIENDSHIP CIRCLE • August 2021
Sandy Schultz Andresen has returned as Program Assistant for the Friendship Circle. She is stepping in to help while Jalena Mays is on family leave. She is a retired therapist, social worker, and health educator, and is very excited to be working with Friendship Circle once again.

Sandy has lived in Sebastopol for 32 years along with her husband Eric and daughter Alea, 26. Alea recently married Carlos Juarez and they live and work in Santa Rosa. Prior to coming to the JCC, Sandy worked as an Intern Therapist at True to Life Children’s Center; Social Services Director at Beverly Manor in Petaluma; Health Educator with Kaiser Permanente; and Spiritual Care Volunteer Chaplain at Memorial Hospital.

She holds a master’s degree in Health Education and a PhD (abd) in Clinical Psychology from Meridian University in Petaluma. She was a co-researcher, along with Shoshana Carolyn Fershtman, PhD studying Jewish Renewal: how adults who were brought up Jewish veered away from practice and returned to Judaism in later life. As a health educator and therapist, she worked primarily with women facilitating the adoption of a healthy body image. She was the developer of the "Beyond Weight" program for Kaiser Permanente’s Northern California Regional Health Education and Kaiser Permanente in Santa Rosa. The program was aimed at helping people normalize their relationship with food, improve body image, increase self-esteem, and foster self-acceptance. Her dissertation and research topic was on fostering a healthy body image for women.

Sandy was on the board of Sebastopol World Friends for 10 years. She co-chaired the Sustainable Development Exchange Program aimed at sharing Sonoma County’s best practices in sustainability internationally. In addition, she co-chaired the Takeo, Japan Exchange Program of student ambassadors. Both programs facilitate diplomatic cultural exchanges with Takeo City and Saga Prefecture on Kiushu Island, Japan.

Her hobbies include art therapy, cooking, gardening, soul collage, and jewelry making.

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**Highlights from our August Monday Morning Programs**

Marc Chagall Lecture: Monday, August 16

Judy Chicago Lecture: Monday, August 23

Virtual Tour of Israel: Monday, August 30