

July 2020



Friendship Circle

A program for adults 55+

Jalena Mays, Program Director
(707) 528-1476, jalenam@jccsoco.org

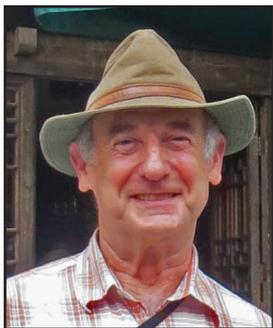
Carol King, Program Assistant
(707) 528-1182, carolk@jccsoco.org

Friendship Circle is a Program of the Jewish Community Center, Sonoma County

Monday Mornings
10:30 AM - Noon

DONATE

- Zoom** All programs are offered using Zoom (We will send you the link to join once we have received your reservation.) If you are not familiar with Zoom and would like support, please contact one of our dedicated volunteers: Randi Hulce: (206) 499-5422, randihulce@comcast.net or Olivia Jacobs: (707) 239-3572.
- RSVP** By the Sunday prior to the program. Contact Carol King: carolk@jccsoco.org, (707) 696-5464
- Cost:** Programs are FREE. Please consider making a donation to help Friendship Circle programs remain accessible to all. We welcome donations made in any denomination. **IMPORTANT:** remember to designate your donation to "Friendship Circle."



Monday, July 13: All About Yiddish with Jim Kahn

10:30-Noon
Suggested Donation: \$18
RSVP by 7/12 @ noon

Discover the history, language, literature and customs of the

Ashkenazi Jews from Eastern Europe. Dr. Jim Kahn will take us on a journey from the Middle Ages, through the 18th & 19th century, all the way to the Ashkenazi emigration to the New World in the 20th century. Along the way, we'll listen to some Yiddish traditional music, and learn some useful phrases in Yiddish that may be familiar to some of us! A be gezind!

Monday, July 20: Coffee Klatch

10:30-11:30 AM

Suggested Donation: \$9

RSVP by 7/19 @ noon

Make yourself a cup-a-joe or your favorite morning beverage, and come say hello! Share, learn, and make new friends. We hope you join!



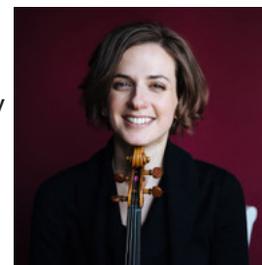
Monday, July 27: "Hungarian Dances" Classical masterpieces inspired by Eastern-European folk song and dance featuring Liana Bérubé, violin, and Ian Scarfe, piano

10:30 AM-Noon
Suggested Donation: \$18

The folk music of Eastern Europe has influenced composers of classical music for centuries—from Mozart's Turkish March, to the Hungarian dances and Rhapsodies of Brahms and Liszt, to the popular music of Dvorák and Bartók.



Pianist Ian Scarfe and violinist Liana Bérubé will explore some pieces in this style, including the 20th Century Hollywood composer Miklós Rózsa's "Sonata for Solo Violin, Op 40."





Seniors & Seniors Thursday, July 16 6:30-8:30 PM



Seniors & Seniors is an annual tradition where JCC high school seniors provide dinner, JCC Friendship Circle seniors make desserts, and everyone has a chance to share, learn, and deepen the ever unfolding understanding of LIFE. Given that we have been sheltering in place, we decided to host our annual Seniors & Seniors event virtually last month...using Zoom! It was such a success that everyone involved asked that we offer this program more than one time per year.

Join Friendship Circle and the JCC Chaverim teens as we discuss life and bridge the gap between generations. What was life like when YOU were in high school? Where were you living at the time? How did you spend your free time? This is YOUR opportunity to share wisdom! All are welcome.

When: Thursday, July 16 from 6:30-8:30 PM

Where: The program will be held using Zoom (we will send you the link to join once we have received your reservation). If you are not familiar with Zoom and would like tech support, please contact Randi Hulce: (206) 499-5422, randihulce@comcast.net OR Olivia Jacobs: (707) 239-3572.

RSVP by Thursday, 7/16 at 12 PM by contacting Carol: carolk@jccsoco.org, (707) 696-5464

Cost: FREE. Please consider making an \$10 donation to Friendship Circle (any amount is appreciated). We now depend on individual donations to offer enriching, cultural and social programs, and continue to serve those in need.



Thursday Afternoon Monthly Special Sonoma County Housing & Resources Thursday, July 9 2-3:30 PM

Suggested Donation: \$9
RSVP by 7/8 @ noon

Meet Friendship Circle Advisory Committee Member **Joy Lovinger** and find out what resources are available for seniors here in Sonoma County.

DONATE

Donations may be made by clicking above —remember to designate your donation to "Friendship Circle."

Help keep our programming accessible to all! Become a Sponsor

Friendship Circle is seeking sponsors for our Monday Morning programs. Donate \$280 or more and become a Monday Morning Sponsor. By becoming a sponsor, you help seniors maintain access to educational and entertaining programming, as well as a socially supportive community.

We thank you for your support.

Sending Good Wishes to our members with July Birthdays

Ani Weaver
Elaine Elkin
Flo Hoffenberg
Gayle Alvarez
Helga Spizman
Hope Stewart
Janine Bamberger
Joy Lovinger
Joyce O'Connor
Laurel King
Malka Osserman
Phillip Henderson
Sonia Badalamenti
Zelda Bettman



Please contact our office to let us know your birthday so we can celebrate YOU!
carolk@jccsoco.org; (707) 528-1182

Best Wishes

Welcome

To Our New Friendship Circle Member

Nancy Caldwell

Friendship Circle has been delivering iPads/tablets to seniors in need so they can connect with friends, family, and participate in our Zoom activities. We THANK those who have contributed to this project:

**Shelley Bauer
Elly & Len Cohen
Carol King
Ruth Levy
Judy Miller**

To donate an iPad or tablet, please contact Carol King: carolk@jccsoco.org



We Appreciate Your Generous Donations

Shelley Bauer in memory of *Mina Leibowitz*
Karen Chambliss-Abraham in memory of her mother, *Julia Chambliss*
Binese & Earl Goldberg in memory of *Irwin Miller*
Vicki Kalish in memory of *Judy Lovy*
Helen Levy in honor of her granddaughter, *Leah Hunt*
Susan Miller in memory of *Gerald E. Lakins*
Edee Sternfield-Squires in appreciation of *Randi Hulce*
Elisabeth Van Nuys in appreciation of *Jalena & Carol*

Thank you to everyone who has made donations in support of our virtual programming: **Howard Balfour, Jules & Janine Bamberger, Shelley Bauer, Julian Blair, James & Caroline Boitano, Davida Brautman, Elaine (Elkin) & Shirley Carlston, Rosemary Chambers, Rozalia Dague, Michael & Shelley Egger, Frieda Ferrick, Julie Flieger, Ceseli Foster, Binese & Earl Goldberg, Amy Gottlieb, Deborah Greenfield, Caral Grushkin, Evelyn Gurevitch, Evelyn Howard, Vicki Kalish, Ray Kaplan, Carolyn A. Kaufman, Pamela Letourneau, Valeska Lattin, Linda McKenzie, Michelle Rosengaus, Stuart & Ethel Schy, Jeff Sheff, Lillian & Ron Shelan, Howard & Sandy Sidorsky, Ethel & Jim Snarski, Marjorie Solomon, Edee Sternfield-Squires, Sonia Tubridy, Elisabeth Van Nuys, and Nancy Vargo**

If you are remembering someone you hold dear, or would like to celebrate a friend or family member, please consider making a donation to Friendship Circle in their honor.

Thank you **Randi Hulce** for your countless hours of volunteer work in helping our seniors connect to Zoom!

Thank you to our Phone Tree Volunteers:

**Janine Bamberger
Jules Bamberger
Barbara Baron
Shelley Bauer
Lynne Belmont
Davida Brautman
Gordon Freedman
Deborah Greenfield
Liz Hagen
Evelyn Howard
Randi Hulce
Vicki Kalish
Ray Kaplan
Ruth Levy
Joy Lovinger
Karen Palmiotti
Mary Valentine**



Terrific Tastings: Cheese Please! Sunday, July 26 at 3 PM via Zoom



Pour a glass of vino, lay out the crackers, maybe a few grapes, and join us for a fun, interesting and delicious experience! We are delighted to partner with our friends at The Osher Marin JCC to bring you a live, online, private guided cheese tasting and chat. A curated collection of cheeses will be available for purchase in advance of the event. The discussion will include a guided cheese tasting with special guests from family-owned creameries known not only for their award-winning cheeses, but also for their sustainability practices.

Cost: There is no cost to attend the event, however you will need to place a cheese order if you would like to participate in the cheese tasting. We will send out information on how to place your cheese order after you have made your reservation. **Please consider making an \$18 donation to Friendship Circle (any amount is appreciated).** We now depend on individual donations to offer enriching, cultural and social programs, and continue to serve those in need.

RSVP by Wednesday, July 15 by contacting Carol: carolk@jccsoco.org, (707) 696-5464 (so you have enough time to order your cheese!) If you would like to participate without ordering cheese, you may RSVP by Thursday, July 23 at 12 PM.

Meet Advisory Committee Member Shelley Bauer

Shelley has been a resident of Cotati for 35 years. She was born and lived in San Francisco until the age of two, when her family moved to a 10-acre farm in Petaluma, and became part of the "Petaluma Jewish Chicken Farmers" group.

Shelley and her younger brother Dave were raised by parents who were Holocaust survivors. Before moving to Petaluma, her mother worked at Mt. Zion Hospital in San Francisco and her father worked in a lumber yard. Her mother met a Jewish woman from Petaluma who encouraged her to move her family there. The Jewish community in Petaluma, in 1950, helped her parents settle and buy the property that is still in the family.

After high school, Shelley attended a program at Zweegman School in San Francisco to become a medical secretary. In 1972, and after marrying her husband Mike, they moved back to Petaluma where she worked in a family practice office. Mike, who died 11 years ago, worked for UPS and Airborne Express. In addition, Mike and Shelley had their own chimney sweep business. While still working at UPS, Mike eventually opened a lawn mower equipment repair business.

As her family was growing up, Shelley decided to stay in the medical industry and became a certified ophthalmic assistant/technician. For 17 years she worked in a private practice and then another 17 years at Kaiser Permanente in Santa Rosa. She retired in 2012.

Shelley loves to travel. In 2013 she spent six weeks on a Jewish heritage tour to Poland, Budapest, Czech Republic, Berlin and the UK, then traveled to Israel to spend time with her relatives. Two summers ago she went on a sailing ship cruise with her dear friend Ray Kaplan (also a FC member) to the Greek Isles, Croatia and Italy. Theater, symphony

and gardening are among her active interests. As a member of B'nai Israel Jewish Center in Petaluma, she was involved with starting Gan Israel Preschool with a few other parents in 1978. She now co-chairs the Program Committee at B'nai Israel Jewish Center.



Shelley currently enjoys the new addition to her family, Oliver (a rescue dog).

Shelley has two children—a daughter Debbie who lives in Windsor with her family and a son Jeff who lives in Cotati with his wife. Her brother and his family now live in the Petaluma family farm house. Together, her brother and nephew started to raise chickens to produce eggs as a hobby, which has now turned into a family project, including building a new, updated chicken house. This "hobby" now has over 200 chickens that produce 10 dozen eggs a day!

Shelley joined Friendship Circle in 2012 and has been actively involved ever since. She joined the Friendship Circle volunteer Advisory Committee member in 2014 and continues to make a positive impact on the program.

During spring and summer, Shelley brings farm fresh eggs from her family's farm to the Friendship Circle luncheons, giving members the opportunity to buy beautiful eggs at a reasonable price. On top of that, Shelley donates a percentage of the proceeds to Friendship Circle! (This helps subsidize participation for those in need.) In an effort to continue serving Friendship Circle members while we are all sheltering in place, Shelley has been making special trips to Oakmont to deliver eggs to her Friendship Circle customers so they can still enjoy them.