

The Jewish Community Center, Sonoma County presents



HOLD ON TO YOUR KIDS

Parenting Session with Rick Concoff

Sunday, March 30 at the JCC
10 am - 1 pm

“Hold On To Your Kids” is named after the book of the same name by Gordon Newfeld and Gabor Mate. Learn about a blending of traditional Jewish parenting values with a revived concept of the importance of “healthy attachment.” *Appropriate for parents of all age children and teens.*

- Do your children think they run the show?
- Are you unhappy with your children’s peer group choices?
- Is there an endless loop of circular arguing, negotiating with your children?
- Is your child lost behind media and earbuds?
- Has your sweet child turned into a ball of anger, frustration and emotional outburst?
- Are you doubting the effectiveness of your “parenting skill and style”?
- How much of your parenting a reaction the way you were parented?
- Do you think you are the only parent with challenges?
- How are your actions and modeling affecting the development of your children?

Parenting session will be led by the JCC’s Director of Teen Programs and Camp Chai, Rick Concoff, MA. Rick is a presenter on parenting strategies, a longtime youth worker, guidance counselor and educator.

Check out his website, www.parentingpanicbutton.com

Email: rickc@jccsoco.org

Home office: 707/823-3916

.....

REGISTER

\$20 per person; \$10 for spouse or partner

Please send a check or register online at www.jccsoco.org.



1301 Farmers Lane, Suite 103 • Santa Rosa, CA 95405

707/528-4222

www.jccsoco.org