

10 questions to ask before making a decision

1. What is the right, safe thing to do?
2. How will it affect others?
3. How will it affect me?
4. Can I deal with outcomes and consequences of this decision?
5. Is it physically, emotionally or mentally dangerous to me or others?
6. Is my decision being effected by the opinions of others, peer pressure?
7. Should I sleep on it?
8. How will I feel about myself and my decision afterwards?
9. What does my heart say?
10. Should I get advice?

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Rick Concoff, MA