

# Friendship Circle

a program for adults 55+

Program Director: Barbara Scharf  
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Assistant Program Director: Jalena Bamberger  
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photos taken by Sco Posner

Smiling faces at the Birth of Impressionism exhibit at the de Young Museum on August 4, 2010.  
Barbara Scharf, Sco Posner, Rhoda Bernie, Shoshana Bernie



## Luncheon with William Florian, Master Storyteller and Musician Monday, September 20 at Noon

An upbeat, energetic, musical journey of America's greatest songs of the 60s including songs he performed as a lead singer of the famous New Christy Minstrels plus the music of Peter Paul & Mary, John Denver, Pete Seeger, Mamas & the Papas, and uplifting originals, presented with amusing stories in an intimate show.

### Luncheon details

**Place & Time:** Luncheon is from 12-1:30 at Congregation Shomrei Torah, 2600 Benne Valley Road, Santa Rosa 95404.

**Cost:** \$10 Friendship Circle members; \$12 non-members, includes lunch and dessert.

Payment is accepted at the door on the day of the event.

**RSVP by Thursday, September 16 at noon**  
Jalena Bamberger, [friendshipcircle@jccsoco.org](mailto:friendshipcircle@jccsoco.org)  
or 528-1476.

**Rides on the JFCS van are available upon request one week prior to event thanks to a grant from the San Francisco Jewish Community Federation.**



## Fun, Friends, Fine Food & Jewish Film Festival Tuesday, October 12

**Attention Petaluma Jewish Film Festival Fans and South Sonoma County Seniors**

Join Friendship Circle for a no host dinner on **Tuesday, October 12** at 5:30 pm followed by a film at 7:15 pm.

We'll meet at **Jennie Low's Chinese Restaurant** for dinner, 140 2<sup>nd</sup> St., Petaluma, across from Boulevard Cinemas.

The film is **Yoo-Hoo, Mrs. Goldberg**, a highly entertaining feature-length documentary that blends interviews with Ed Asner, Ruth Bader Ginsburg, Norman Lear, and Susan Stamberg, among others. 92 minutes in English.

You may bring your film series ticket; order a ticket at the JCC (528-4222); or arrange to have a ticket for you at the office. We will have reserved seats for this Friendship Circle Outreach Event. This is a very popular film, so please make your reservations early.

**RSVP by Friday, September 24**  
Jalena Bamberger,  
[friendshipcircle@jccsoco.org](mailto:friendshipcircle@jccsoco.org) or 528-1476.



# EVENTS & ANNOUNCEMENTS

## Outreach for the Jewish Holy Days

Rosh Hashana begins at sundown Wednesday, September 8, and Kol Nidre for Yom Kippur is Friday night, September 17. Many area synagogues welcome guests for a suggested donation.

Friendship Circle is happy to bring High Holy Day observances to several area retirement communities. All the following welcome guests; all will serve honey cake and apples to dip in honey. Contact Jalena Bamberger to make your reservations.

**AM, S 13 1:00**

A lay leader will lead High Holy Day prayers Merrill Gardens, 4855 Snyder Lane, Rohnert Park

**AM, S 15 10:30-11:30**

Prayers led by Caryn Fried, Eli Cohen, and Be y Boyd Lodge at Paulin Creek, 2375 Range Avenue, Santa Rosa

**AM, S 15 2:30-3:30**

Prayers led by Caryn Fried, Eli Cohen, and Be y Boyd Villa Capri Varenna, 1397 Fountaingrove Parkway, Santa Rosa

## Senior Singles Picnic, September 19

The next Senior Singles gathering will be a picnic gathering at Howarth Park on **Sunday, September 19**. Everyone is welcome to come and socialize. Meet at the boat launch/duck feeding area across the street from East West Cafe at 12:30 pm. Bring your own food and drinks. (No glass bottles). Hope y all come. If you have questions email Edee Stern eld-Squires at [edeerae@sonic.net](mailto:edeerae@sonic.net).



## Canine Companions for Independence Wed., October 13, 11 am tour begins



Canine Companions for Independence is a nonpro t organization whose mission is to enhance the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships.

The tour of Schulz Campus will be issued by a CCI Docent. There will be a demonstration of dog handling and training by CCI Instructor; you will be able to visit the veterinary clinic, kennels, training rooms, dormitory, gift shop, agility field and landscaped gardens; and you will learn about assistance dogs, breeding and puppy raising programs. Facilities are all *handicapped accessible* and tours are approximately one hour.

**Meeting place:** Main Entrance of CCI

**Lunch:** Box lunch provided by Friendship Circle

**Cost:** \$12 for members and \$14 for non-members

**Payment:** Must be made in advance by sending in your check (payable to JCC) with name of event to:

JCC, 1301 Farmers Lane Suite C103  
Santa Rosa, CA 95405

**Reservations:** Contact Jalena Bamberger by September 26 at 528-1476 or [friendshipcircle@jccsoco.org](mailto:friendshipcircle@jccsoco.org).

**Medical form:** Must be current within one year.

**Transportation:** Your own car (make an effort to carpool with friends and neighbors), or we can help arrange a ride.

## Address and directions to Canine Companions for Independence

Jean and Charles Schulz Campus, 2965 Dutton Avenue, Santa Rosa CA 95407

### Traveling on South Bound 101

Take Hearn Avenue Exit. At the stoplight make a left on to Corby Avenue. Drive past all of the car dealerships. At the last dealership the road curves to the right. At that point Corby Avenue turns into Bellevue Avenue. Continue traveling west on Bellevue until you come to a four way stop. At the four way stop you will be on the corner of Bellevue and Dutton Avenue. Make a right turn onto Dutton Avenue. Continue traveling north on Dutton Avenue. CCI is the last two driveways on the left side of the road. The first driveway is the service entrance. The last driveway is the main entrance to the campus.



### Traveling on North Bound 101

Take the Todd Road exit. At the stoplight make a right and go back over the freeway overpass and get in the right hand turn lane. Turn right and immediately get in the left hand turn lane. At the stoplight make a left onto Morland Avenue. At the next stoplight make a left onto Todd Road. Traveling west on Todd Road take the right, which is Standish Avenue. Standish Avenue will automatically turn into Dutton Avenue. Continue traveling north on Dutton until you reach the intersection of Bellevue and Dutton Avenue. Proceed through the intersection and continue traveling north on Dutton Avenue. CCI is the last two driveways on the left hand side of the road. The first driveway is the service entrance. The last driveway is the main entrance to the campus.



# CLUBS & CLASSES

# ANNOUNCEMENTS

## Mah Jongg with instructor Carol Jarvis

**P, L, I, Y, S**

Join us to learn how to play, or if you'd like to sit in on a game. Instructor will supply everything necessary to play. You must make reservations in advance so we have enough supplies for everyone. All levels welcome.

**Location:** Upstairs at the JCC (no elevator)

**When:** 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month, 1 - 3

**Donation:** \$2 per class paid at the door.

**RSVP:** e Friendship Circle office at 528-4222

## Life Stories & Memoir Writing

Ongoing writing workshops with Suzanne Sherman. Suzanne is an editor and author, and has been adjunct faculty at SRJC for over 12 years. For all sections below, there is NO FEE. For more information, call Barbara Scharf, 528-1182.

*Sponsored in collaboration with SRJC Seniors Program.*

.. **Santa Rosa: Lodge at Paulin Creek**, Tue., 10 -noon

.. **Sebastopol: Sebastopol Senior Center**, Tue., 1:30-4:30

.. **Santa Rosa: Spring Lake Village**, u., 10 -1

.. **Santa Rosa: Oakmont Gardens**, u., 2-5

## Yiddish

**P**

**1<sup>st</sup> & 3<sup>rd</sup> Friday of each month at 1:45**

Classes are held in private homes, for more information: Belle Ganapoler, 664-1256 or [bganapoler321@comcast.net](mailto:bganapoler321@comcast.net).

**S R**

**2<sup>nd</sup> & 4<sup>th</sup> Wednesday of each month from 1:15-2:15**

e Yiddish Studies Class is at e **Lodge at Paulin Creek**. is is a drop in class and there is no fee. Days and times are subject to change, so it is best to contact the instructor if you are new. For more information: Lore a Denner, 566-1955.

## Exercise class

**Location:** Congregation Shomrei Torah (Sanctuary), 2600 Benne Valley Road, Santa Rosa.

**When:** Wednesdays & Fridays, 10:15 to 11:30

**Fee:** No fee; drop in anytime; open to all.

**Contact:** Barbara Scharf, 528-1182.

*Sponsored in collaboration with SRJC Seniors Program*

## Good news

We are very pleased to let you know that installation of push-bu on accessible doors has been completed at Congregation Shomrei Torah. e entry doors to the o ce area ( 1st set of glass doors), restroom doors and entry door in Shalom Hall to the hallway to the restrooms, are now able to be opened by pushing on a large and visible bu on.

## Save these dates

**October 25**

... Luncheon with the author of e *Sand Soldiers*

**November 14**

... Excursion to Marin eater Happy Now matinee

**November 15**

... Annual Friendship Circle Hannukah Party

## JCC o ce closures

Monday, September 6 Labor Day

u. & Fri., Sep 9 & 10 Rosh Hashanah 1<sup>st</sup> & 2<sup>nd</sup> day

ursday, September 23 Sukkot 1<sup>st</sup> day

## Thank you Thank you Thank you

- ( Elisabeth Van Nuys for her donations in honor of Fran Dano for her outstanding work as Outreach Coordinator and Elsie Rich's 109<sup>th</sup> birthday.
- ( Lil Krulevitch and Susan Miller for donations in honor of Fran Dano .
- ( Rhoda Bernie, Margery Cahn and Virginia Carreiro for donations to Friendship Circle.
- ( Be y Reiss for her donation for Friendship Circle program funding.
- ( Michelle and Max Stein for their donation in honor of Barbara Scharf.
- ( Cyril Canter for his donation in memory of Kay Canter.
- ( Lois and Armand Glenn for their donation in memory of Harold Kale.

P There will be no exercise class on Friday, September 10.



A program of JFCS' Seniors • At • Home

Transportation for medical appointments, shopping, visiting, banking

**Call (707) 571-8533**

[www.SAHsonoma.org](http://www.SAHsonoma.org)  
Seniors • at • Home is a division of Jewish Family and Children's Services



**JEWISH COMMUNITY FREE CLINIC**  
**490 CITY CENTER DRIVE**  
**ROHNERT PARK, CA 94928**

FREE medical care for the uninsured, without regard to ethnicity, race or religion.  
URGENT need for doctors, nurse practitioners, nurses, social workers and translators.

~PLEASE VOLUNTEER~

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