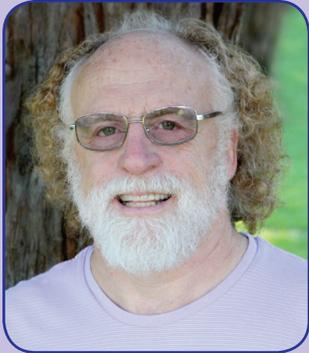


Jewish Community Center Presents Parenting Classes *with* Rick Concoff

Raising Children of all Ages
Focus on Early Years



Rick Concoff MA

*Educator, Guidance Counselor,
Camp Director, Parenting Coach*

Class Details

Cost: No charge for the class. Donations benefit the Chaverim teen program.

Location: All classes meet at Congregation Beth Ami
4676 Mayette Ave, Santa Rosa, CA 95405

A Second Cup of Coffee

Wednesday, November 1st, 9:00am–10:00am

Have a cup of coffee or tea and bring your parenting questions and challenges and hopefully a bit of naachas! Share, listen and get input! Get a taste of the classes to come.

Raising a Teenager Starts at Birth

Thursday, November 16th, 6:30pm–8:30pm

The joys, challenges, struggle and battles you have with your young child will repeat over and over again with different themes. How do you set up effective parenting practices? Parents of all ages of children will benefit from these classes. Rick explains the early, middle and teen years and how it is essentially the same battle with a different name. He explains mechanisms, strategies, approaches, techniques and tools you can develop.

Does Punishment Ever Really Work?

Monday, January 29th, 6:30pm–8:30pm

We will explore the merits, challenges and history of various kinds of discipline in parenting as well as the paradigms of parenting styles. Often punishing "behavior" stops the behavior but does not correct the deeper issue. What worked and didn't work that your parents did? If you are co-parenting with a spouse or other how are you aligned or divided? How can you stop an ineffective parenting approach and start a new, more effective one? We will discuss these questions and more.

Exploring the Societal Challenges of Parenting Today

Thursday, March 8th, 6:30pm–8:30pm

We will cover a wide range of topics that include: media-technology, information saturation, substance abuse, divorce, gender identity, privacy, demographics (lack of close family), stress, school, extra curriculums, finances, anger culture, peer influence, attachment, and topics dealing with mental health challenges such as depression, self harm, eating issues, and sleep issues.